



# Eldermount Highlights



Independence Day!  
7/04



**JULY 2010**  
Volume 7, Issue 7

*With the Sisters of Charity, we strive to provide compassion and quality of life to those we serve. Our commitment is rooted in the values of respect, honesty and excellence.*

*The Eldermount Adult Day Program is a holistic service provided for older adults. In partnership with families, our program addresses the individual's physical, psychological, spiritual, social and nutritional needs in a stimulating, caring environment designed to promote health and independence.*

## WHAT'S NEW

### Holiday Information (Reprinted & Updated)

Eldermount is closed most major holidays. Holiday closings will be listed here in the newsletter and on the activity calendar. Eldermount is CLOSED Monday, July 5th for Independence Day. CSW (Community Services West Transportation) is also Closed Friday, July 2nd. CSW will only transport in the AM on Friday, July 23rd. Family will need to provide PM transportation that day. Looking ahead, Eldermount is closed Monday, September 6th for Labor Day. If you would like your member to attend on a different day to make up for the holiday, please call Eldermount's secretary at 347-5440 and the transportation company to make sure there is room for your member.

### Congratulations Staff



Congratulations to the following staff who were recently recognized for their continued years of service on June 23, 2010:

Patti Ashbrook– Housekeeping 5 years  
Gina Murray– Nurse Aide/Activity Assistant 5 years  
Lisa Schock– Nurse Aide/Activity Assistant 5 years  
Kathy Baker–Director 20 years

### Christmas In July!

Santa will be stopping by for a Christmas in July surprise! Be sure to wear Red and Green so you're not left with a clump of coal.

### Wellness Center Café Re-Opening!

The lunch menu will feature "Blue Plate Specials", Grilled & Hot Sandwiches such as our incredible Pot Roast "Burger", Gourmet Pizza, Burgers, Brats & All-Beef Hot Dogs, Seasonal Soups, Fresh Salads, Value "Bowls", our own Chili 4:4 and much more. Grand Re-Opening Date is Monday, July 12th!

### Welcome New Staff

Sue Baker & Heather Smith– Nurse Aides  
Sue Carlton & Erin Gallagher– Activity Assistants  
Olivia Warner– Co- Op Student from the College of Mt. St. Joseph  
Amy Buck, Tiffany Frank, Maria Rolfes, Sarah Seyfried, Tricia Siemer & Sarah Tahy— Work Study Students from the College of Mt. St. Joseph

### Caregiver Meeting

This meeting is for all caregivers to come and share what is going on in their lives and to occasionally hear speakers from various agencies that can offer resources and information on various topics: Alzheimer's Disease, Parkinson's Disease, Medicaid, Respite Care & Long Term Options. The group meets the second Wednesday of every even months from 4:00pm-5:15pm. Please call Chris Parks, LSW at 347-5443 for additional information or to make a reservation. Please join us!

Next Meeting: Wednesday, August 11th, 2010  
4:00pm-5:15pm

## SERVICES

### HAIR CARE

Call 347-1427 to schedule an appointment. Beauty Shop on site. Tuesdays & Fridays. Open to the Public too!

### THERAPIES

Call 347-5440 to schedule Massage therapy. Call 347-5441 to set up Physical, Occupational or Speech Therapy.

### WALKING TRACK

Eldermount volunteers will walk with Eldermount members on the Fitness Club's track. Must sign up with Angela at 347-5442 to participate or for questions.

### LAB WORK

Call 347-5441 to schedule select laboratory services thru MedLab. Billing for these services are directly thru MedLab. Eldermount will charge an additional \$5 service fee for coordination of services.

### PODIATRY

Call 347-5441 to schedule an appointment with Dr. Bennett. Next scheduled visit is: Wednesday, July 14, 2010.

### ELDERLAW

Call 347-5443 for referrals.

### AQUATIC CLASS

Call 347-5535 to sign up for warm water exercise class. Thursdays at 3pm. FREE!

### BAYLEY REHAB UNIT

Call 347-5500 or 347-5512 for availability & information on short-term rehabilitation stays at Bayley Place.

