



Eldermount Highlights


MARCH 2010
Volume 7, Issue 3



*With the Sisters of Charity, we strive to provide compassion and quality of life to those we serve.
Our commitment is rooted in the values of respect, honesty and excellence.*

The Eldermount Adult Day Program is a holistic service provided for older adults. In partnership with families, our program addresses the individual's physical, psychological, spiritual, social and nutritional needs in a stimulating, caring environment designed to promote health and independence.

WHAT'S NEW

Holiday Information

Eldermount is closed most major holidays. Holiday closings will be listed here in the newsletter and on the activity calendar. There are no holiday closings scheduled in March. For those who like to plan ahead, Eldermount's next scheduled holiday closing is Friday, April 2nd for Good Friday.

March Buffet at the Wellness Center

Enjoy a great meal and help out your fellow Eldermount members! Proceeds from the March Buffet will benefit the Eldermount Scholarship Program.
Date: Wednesday, March 10th Time: 5:30pm Cost \$13.00 Meal includes entree, bread, salad, a vegetable, dessert, coffee & tea. Buy your tickets today. Tickets must be purchased at least one week prior to the date. Get your tickets at the front desk. We will have basket raffles & split the pot so this will be a fun evening! Questions—call 347-1400.

Spring Forward

Daylight Savings Time begins Sunday, March 14th. Remember to move your clocks ahead one hour so you arrive at Eldermount on time!

Wellness Center Programs

Check out the Wellness Center Programs sheet included in this month's mailing. The Outreach Department has been working hard on getting new & fun programs for the community here at the Wellness Center. This flyer includes programs thru May. Programs include CPR classes, Spiritual Classes, Fitness activities, monthly buffets and craft activities. Please call 347-5510 for more information.

Caregiver Support Group Meeting

Caregiver Support Group at Eldermount is open to the community. Open forum or guest speakers from various agencies can offer resources and information on various topics: Alzheimer's Disease, Parkinson's Disease, Medicaid, Respite Care & Long Term Options. Our group meets the second Wednesday of every even months from 4:00pm-5:15pm. Please call Chris Parks, LSW at 347-5443 for additional information or to make a reservation. Let's help support one another!

Next Meeting: Wednesday, April 14th
4:00pm-5:15pm

Hair Care by Joni

Call 347-1427 to schedule an appointment with beautician Joni Hall. Her shop is open to the community and located right here in Eldermount. The shop is open Tuesdays and Fridays but you must have an appointment. When calling 347-1427, leave your name and phone number and Joni will call you back to set up the appointment. Hair cuts are \$12, Cuts and sets are \$14, Cuts, sets & styles are \$18, Perms are \$45. Hair coloring/highlights also available. Gift certificates are available and make great Easter presents! Please make checks out to Joni Hall.

SERVICES

HAIR CARE

Call 347-1427 to schedule an appointment. Beauty Shop on site. Tuesdays & Fridays. Open to the Public too!

THERAPIES

Call 347-5440 to schedule Massage therapy. Call 347-5441 to set up Physical, Occupational or Speech Therapy.

WALKING TRACK

Eldermount volunteers will walk with Eldermount members on the Fitness Club's track. Must sign up with Angela at 347-5442 to participate or for questions.

LAB WORK

Call 347-5441 to schedule select laboratory services thru MedLab. Billing for these services are directly thru MedLab. Eldermount will charge an additional \$5 service fee for coordination of services.

PODIATRY

Call 347-5441 to schedule an appointment with Dr. Bennett. Next scheduled visit is: Thursday, April 1st, 2010.

ELDERLAW

Call 347-5443 for referrals.

AQUATIC CLASS

Call 347-5535 to sign up for warm water exercise class. Thursdays at 3pm. FREE!

BAYLEY REHAB UNIT

Call 347-5500 or 347-5512 for availability & information on short-term rehabilitation stays at Bayley Place.





Delhi Pet Center



Mass

March Happenings



Bob Evans



St. Patrick's Day



Easter Egg Hunt

FIELD TRIPS

You may start calling to RSVP for field trips Sunday, Feb. 28. You must RSVP to Angela at 347-5442. \$2 fee added to the cost of each field trip.

Wednesday, March 3

Taft Museum Exhibit— Come explore this new exhibition, American Artists in Holland. You will see vivid landscapes, portraits and genre scenes with familiar icons of Dutch culture. Trip loads at 11:45am. Families invited to meet us there at 1:00pm. Cost is only the \$2 field trip fee!

Thursday, March 4

Ice Cream at UDF—You'll get "chills" with this treat of ice cream at United Dairy Farmers on the corner of Neeb & Rapid Run roads. Cost is \$4. Families invited to meet us there. Loading at 1:00pm.

Monday, March 8

Tour of Delhi Pet Center— We will be taking an educational tour learning about the different animals & you'll get to pet some of the friendly ones. Cost is \$1.50. Loading time TBA.

Friday, March 12

Mass at St. Teresa—Join us in song and prayer during this weekly mass. Loading at 11:15am. (Eating lunch after at Eldermount) Families invited to meet us there at 11:50am for the Noon Mass.

Monday, March 15

Cincinnati Museum Center— Enjoy a speaker and presentation on "The Story of Northside". We will have a packed lunch during the program. Trip loads at 10:45am. Families invited to meet us there at 11:45am.

Wednesday, March 24

Lunch at Bob Evans—Join us for some great home-style cooking

"down on the farm" at Bob Evans. Choose from a wide variety of meals from their menu. Trip loads at 10:45am. Cost is \$13. Any change will be returned to the members' account. Families invited to meet us there at 11:45am.

Thursday, March 25

Green Township Library— Enjoy a packed lunch, coffee, dessert and old time movie at the Green Township Library. Trip loads at 10:45am.

Tuesday, March 30

Easter Egg Hunt Bus Ride— We will be going to different places in the community looking for Easter eggs that have been hidden by Eldermount staff. The egg at one location will give you clues to where the next egg is hiding. Two buses will be "hopping" to see who can finish first. Happy hunting! Trip loads at 1:00pm.

PET VISITS

Sue & Maggie:

Monday, March 1

S. Katrinka & Sunshine:

Wednesday, March 3 (Oak)

Wednesday, March 10 (Elm)

Wednesday, March 17 (Maple)

Wednesday, March 24 (Pine)

Chris & Ellie: Varies, weekly



MANICURES

Tuesday, March 2

Friday, March 5

Wednesday, March 10

Thursday, March 18

Monday, March 22

Call 347-5442 to guarantee your member will receive a manicure.

GRILL INS

Friday, March 19 Hot Dogs

THANK YOU

Thank you to everyone for the Valentines and candy and other goodies. You R 2 Good 2 B True!



SPECIAL EVENTS/DRESS UP

Thursday, March 11

St. Patrick's Day Men's Group! Men wear Green.

Wednesday, March 17

St. Patrick's Day Celebration! Wear Green & Gold.

The OLV 4th Graders will be crafting with the Oak & Elm members in the morning.

Thursday, March 18

OLV 1st Graders share their Memory Baskets!

Please bring in a photo or small item that has a story behind it to tell about yourself.

Friday, March 19

First Day of Spring Celebration! Wear Pastels.

Tuesday, March 23

Ladies Spring Social! Ladies wear Green & Yellow.

Friday, March 26

Delhi Senior Choral Group!

Monday, March 29

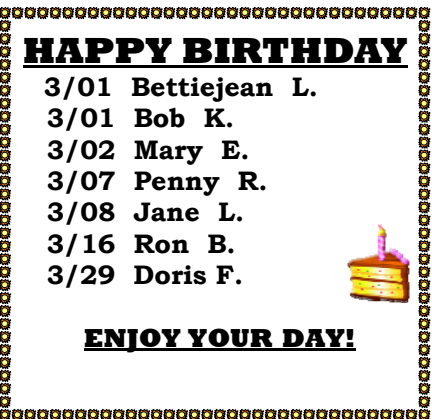
Crazy Hat Day!

Wear your craziest or favorite hat.




WELCOME
NEW MEMBERS

 Don D.
 Clara H.
 Elaine H.
 Betty M.



HAPPY BIRTHDAY
 3/01 Bettiejean L.
 3/01 Bob K.
 3/02 Mary E.
 3/07 Penny R.
 3/08 Jane L.
 3/16 Ron B.
 3/29 Doris F.



ENJOY YOUR DAY!